

# Head Over Heels Gymnastics - Horseheads Gymnastics Showcase!!!!

**EVERYONE IS A WINNER ON SUNDAY, DECEMBER 9th!!**

**RISING STARS** – For the three weeks preceding their performance, we will teach and practice routines on vault, bars, floor and tumble trak.

**GIRLS SUPER STARS, SUPER STARS ADVANCED, ELITE STARS, TEEN STARS & PRE-TEAM**– For the three weeks preceding their performance, we will teach and practice routines on vault, bars, beam and floor.

**BOYS SUPER STARS, SUPER STARS ADVANCED & ELITE STARS** - For the three weeks preceding their performance, we will teach and practice routines on floor, rings, vault, parallel bars and high bar.

**TUMBLERS & URBAN STARS** - For the three weeks preceding their performance, we will teach and practice routines on floor and tumble trak. Urban Stars will do two “Urban Sequences” and a routine on Trampoline.

**Everyone is a winner!! Gymnasts will leave the showcase feeling great about themselves as they receive a GOLD MEDAL for their wonderful performance.**

**(Gymnasts must be enrolled in December classes in order to register for the Showcase)**

**SCHEDULE** (please read very carefully):

Sunday December 9th @ 10:30 - Rising Stars, Girls Super Stars 5 & 6 Mon Classes

Sunday December 9th @ 12:00 – Girls Super Stars 5 & 6 Tues, Wed, Thurs, Fri, Sat Classes

Sunday December 9th @ 1:30 – Girls Super Stars 7 & Up, Pre-Team

Sunday December 9th @ 3:00 – Girls Super Stars Advanced

Sunday December 9th @ 4:30 – Girls Elite Stars, Tumbling Stars, Urban Stars  
Boys Super Stars, Boys Super Stars Advanced



All participants should arrive 15 minutes early so we can start right on time!!!

**\*\*\*There is a \$5.00 fee to for your child to participate.\*\*\***

**There will be a \$4.00 per person charge for spectators on the day of the Showcase.**

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**YOU MUST REGISTER AND PAY IN ADVANCE FOR YOUR CHILD... PLEASE TEAR THIS PORTION AND HAND INTO THE OFFICE WITH PAYMENT BY SATURDAY, NOVEMBER 17th!!**

CHILD'S NAME: \_\_\_\_\_

Class Name: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_