

How Ninjas Progress Through Head Over Heels Ninja Zone Program

Progress Reports

Every ninja in our Ninja Zone program is monitored on a consistent basis by their coaches. Coaches monitor the students progress using a tablet to record their progress onto their online skill card. Parents can check on their ninja's progress at any time by:

- Going to www.headoverheelsgym.net
- Click "Vestal"
- Click the Box on the Upper Right Hand Corner that says "Click Here for Existing Customer Log-In" Your User ID is the email address that you registered with. If you have already created a password, use that one. If not, click the link to reset your password.
- Once logged in, on your Parent Portal scroll down to the student's name and click "View [students name]"
- On the student's dashboard click on the skills icon. Here you will find your child's skill card, which shows their progress on each event.
- If you click on the "View skill detail" under a specific event, you will be able to see each individual skill and when it was :
- Started – This means the skill has been introduced
- Tested - This means they have performed it successfully one time
- Attained - This means they have it consistently and they have performed it 3 times in one class
- Once attain all of the skills for their current level, ninjas will continue to work on mastering their skills in their current class and will be invited to the next Mission.
- Students will also get a paper copy of their progress report from their coach quarterly (*Please see gym calendar for exact dates*)

Mission Ceremony

When a ninja has attained all of the skills for their current level they will receive an invitation to our next Mission ceremony along with their next progress report. Mission Ceremonies are held quarterly. (Please see the gym calendar for exact dates). This is a FREE event for students to attend with their friends and families to celebrate their accomplishments. Ninjas will be presented with their next level headband at the Mission. Once the Mission Ceremony has passed, students can transfer to the next level class for the following month. (*Students who do not attend the Mission Ceremony are still eligible to transfer to the next level class*).