

# Head Over Heels Gymnastics - Vestal Gymnastics Showcase!!!!

**EVERYONE IS A WINNER ON SUNDAY, December 9th!!**

**RISING STARS** – For the three weeks preceding their performance, we will teach and practice routines on vault, bars, floor and trampoline.

**GIRLS SUPER STARS, SUPER STARS ADVANCED, ELITE STARS, PRE-TEAM & TUMBLERS** – For the three weeks preceding their performance, we will teach and practice routines on vault, bars, beam and floor. Tumblers will do routines on floor, tumbling & trampoline.

**BOYS SUPER STARS, SUPER STARS ADVANCED/ELITE STARS** - For the three weeks preceding their performance, we will teach and practice routines on floor, rings, vault, parallel bars and high bar.

**Everyone is a winner!! Gymnasts will leave the showcase feeling great about themselves as they receive a GOLD MEDAL for their wonderful performance.**

**(Gymnasts must be enrolled in December classes in order to register for the Showcase)**

**SCHEDULE** (please read very carefully):

Sunday Dec 9th @ 10:30 – Rising Stars, Pre-Team, Girls Super Stars 7 & Over Sat Classes

Sunday Dec 9th @ 12:00 - Girls Super Stars 7 & Over Mon, Tues, Wed, Thu, Fri Classes

Sunday Dec 9th @ 1:30 – Girls Super Stars 5 & 6 Tues, Wed, Thu, Sat Classes

Sunday Dec 9th @ 3:00 – Girls Super Stars 5 & 6 Mon, Fri Classes  
Girls Elite Stars

Sunday Dec 9th @ 4:30 – Girls Super Stars Advanced, Boys Super Stars  
Boys Super Stars Advanced, Tumbling Stars



**All participants should arrive 15 minutes early so we can start right on time!!!**

**\*\*\*There is a \$5.00 fee to for your child to participate.\*\*\***

**There will be a \$4.00 per person charge for spectators on the day of the Showcase.**

**YOU MUST REGISTER AND PAY IN ADVANCE FOR YOUR CHILD... PLEASE TEAR THIS PORTION AND HAND INTO THE OFFICE WITH PAYMENT BY SATURDAY, NOVEMBER 17th!!**

**CHILD'S NAME:** \_\_\_\_\_

**Class Name:** \_\_\_\_\_ **Day:** \_\_\_\_\_ **Time:** \_\_\_\_\_